

Tuesday Jan-08	Wednesday Jan-09	Thursday Jan-10	Friday Jan-11	Saturday Jan-12	Sunday Jan-13	Monday Jan-14
Breakfast						
Oatmeal Brown Sugar Southwest Egg Bake Breakfast Ham Sliced Strawberries Coffee Skim Milk	Hashbrown Casserole Fried Egg Wheat Toast Butter & Jelly Mango Cup Coffee Skim Milk	Scrambled Egg with Cheese Sausage Patty Applesauce Muffin Mandarin Oranges Coffee Skim Milk	Eggs to Order Biscuit Sausage Gravy Diced Peaches Coffee Skim Milk	French Toast Butter & Syrup Bacon Grapes Coffee Skim Milk	Sausage Breakfast Pizza Vanilla Yogurt Fruit Cup Coffee Skim Milk	Chocolate Chip Pancakes Butter & Syrup Bacon Fruit Cocktail Coffee Skim Milk
Scrambled Eggs Bread of Choice	Malt-O-Meal Bacon Long John	Egg Hashbrown Patty Cream of Wheat	Canadian Bacon Hashbrowns Oatmeal Coffee Cake	Malt-O-Meal Scrambled Eggs Croissant	Bread of Choice Sausage Links Cream of Wheat Scrambled Eggs	Oatmeal Eggs to Order Monkey Bread
Lunch						
Glazed Hamballs Hashbrown Casserole Zucchini & Yellow Squash Apricot Halves Iced Tea Skim Milk	Panko Herb Crusted Fish Creamy Brown Rice Broccoli Florets Confetti Cake Iced Tea Skim Milk	Roast Beef with Noodles Mashed Potatoes Green Bean Casserole Melon Cubes Iced Tea Skim Milk	Scalloped Ham with Potatoes Italian Vegetable Blend Strawberry Rhubarb Pie Iced Tea Skim Milk	Fried Chicken Mashed Potatoes Roasted Chicken Skillet Gravy Buttered Corn Berry Medley Iced Tea Skim Milk	Stuffing Roasted Turkey Skillet Gravy Green Peas French Cherry Dessert Iced Tea Skim Milk Roast Turkey	Salisbury Steak Mashed Potatoes Brown Gravy Mixed Vegetables Cinnamon Baked Apples Iced Tea Skim Milk
Beef Chili Baked Salmon Teriyaki Sauce Rice Pilaf Vegetable Blend Cinnamon Roll	Pork Burgers Beef & Bean Burrito Tater Tots Chicken Enchilada Soup Hacienda Corn & Black Beans Diced Pears	Chicken Fried Rice Turkey Bacon Club Sandwich Brown Gravy Oven Roasted Potatoes Crab Rangoon Sweet and Sour Sauce White Chicken Chili Cauliflower Cherry Cobbler	Swedish Meatballs Shrimp Po Boy Egg Noodles Baked Potato Lobster Bisque Lima Beans	Reuben Sandwich Oven Roasted Potatoes Asparagus Chef's Choice Pie	Breaded Chicken Sandwich French Fries Vegetable Blend	Potato Ham Chowder Chicken Strips Garlic Breadstick Fried Side Brussels Sprouts Mint Chocolate Chip Dessert
Dinner						
Salisbury Steak Mashed Potatoes Brown Gravy Brussels Sprouts Pumpkin Bars Iced Tea Skim Milk	Chicken Strips Baked Potato Vegetable Blend Berry Cup Iced Tea Skim Milk	Breaded Pork Fritter on a Bun Asparagus Pudding Parfait Iced Tea Milk	Grilled Cheese Sandwich Chicken Noodle Soup Peas & Carrots Applesauce Iced Tea Skim Milk	Crunchy Pork Chops Baked Sweet Potato Zucchini Sherbet Iced Tea Skim Milk	Tater Tot Casserole Baby Carrots Sliced Peaches Iced Tea Skim Milk	Beef Vegetable Stew Biscuit Roasted Winter Vegetables Peanut Butter Cookie Iced Tea Skim Milk
Creamed Chicken Biscuit Green Peas	Goulash Breadstick Lima Beans	Chicken Spaghetti French Fries Breadstick	Beef and Broccoli Stir Fry Potato Wedges Steamed Rice	Chicken & Broccoli Casserole Dinner Roll Green Beans	Chicken & Noodles Mashed Potatoes Whole Kernel Corn	Loaded Baked Potato Shredded Lettuce Salad with Dressing

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Pineapple	Strawberry Shortcake	Sugar Snap Peas Fruit Cup	Egg Roll Sweet and Sour Sauce Heavenly Hash Cake	Chocolate Cheesecake	Oatmeal Bar	Mandarin Oranges