

SAVE THE DATE FOR THE CLARINDA COMMUNITY HEALTH & WELLNESS FAIR

Saturday, May 5th • 8:00-11:00 AM

GET A HANDLE ON YOUR HEALTH!



Register today for your



Pre-Health Fair **Blood** Draw

April 10th - Bedford, The Purple Palace

April 11th - Villisca Family Health Clinic

April 12th - Braddyville, Brady Hall

April 17th - College Springs, Amity Hall

April 18th - Clearmont, Little Red Schoolhouse

April 19th - New Market Community Center

April 21st - Stanton Fire Station (Saturday)

April 24th , 25th & 28th - Clarinda Regional Health Center

Join us for the 1-mile
& 5K Fun Run on May
5th. Proceeds to
benefit the Epilepsy
Foundation of Iowa.

Register online
clarindahealth.com



Pick-up your blood work results and discuss your results with a health professional at the Clarinda Community Health & Wellness Fair. Learn what the lab numbers mean and get handle on a healthier lifestyle. Visit the many health-service booths to learn about cancer screening, diabetes, joint pain management, stroke, heart disease, fitness, nutrition, free vein & derm checks and much more.



220 Essie Davison Drive • Clarinda, IA 51632 • 712-542-2176

Register today for your
Pre-Health Fair Blood Draw
online clarindahealth.com, mail a
completed registration form or
call Wanda I. at 712-542-8365



2018 Clarinda Community Health & Wellness Fair Blood Draw Registration Form

YOU MAY ALSO REGISTER ONLINE @ WWW.CLARINDAHEALTH.COM

Last Name: _____ First Name: _____ MI: _____

Street Address: _____ City: _____ Zip: _____

Telephone: _____ E-Mail Address _____

Age: _____ DOB: _____ Gender: _____

PLEASE MARK THE LAB TESTS YOU WOULD LIKE PERFORMED:

| | | |
|--|-------------|-------|
| Wellness Screen* (22 blood tests) | \$40 | _____ |
| Hepatitis C Screening | \$40 | _____ |
| Prostate Screen (PSA-men only) | \$20 | _____ |
| Hemoglobin A1C (Diabetic) | \$20 | _____ |
| Vitamin D 25 OH (Vitamin D deficiency) | \$30 | _____ |
| Colorectal Screen | \$ 5 | _____ |
| Total Amount Due | \$\$ | _____ |

Lab draws are being offered at the following places, please mark where you plan to attend.

| | | | |
|--|------------|----------|-----------|
| _____ Bedford, The Purple Palace | April 10th | 7-8am | Tuesday |
| _____ Villisca Family Health Clinic | April 11th | 7-8am | Wednesday |
| _____ Braddyville, Brady Hall | April 12th | 7-8am | Thursday |
| _____ College Springs, Amity Hall | April 17th | 7-8am | Tuesday |
| _____ Clearmont, Little Red Schoolhouse | April 18th | 7-8am | Wednesday |
| _____ New Market Community Center | April 19th | 7-8am | Thursday |
| _____ Stanton Fire Station | April 21st | 8-9:30am | Saturday |
| _____ Clarinda Regional Health Center | April 24th | 6-9am | Tuesday |
| _____ Clarinda Regional Health Center | April 25th | 6-9am | Wednesday |
| _____ Clarinda Regional Health Center | April 28th | 7-9:30am | Saturday |

Please mail completed Blood Draw Registration form to:

**WALK-INS WELCOME
AT ALL SITES**

Clarinda Regional Health Center
ATTN: Wanda Isaacson, RN
220 Essie Davison Drive P.O. Box 217
Clarinda, Iowa 51632
(712)542-8365 or (800) 682-7920

DO NOT SEND MONEY WITH REGISTRATION FORM

***Wellness Screen includes: Cholesterol, Blood Sugar, Thyroid, Complete Blood Count, Electrolytes, and more.**

***For accurate results a 10-12 hour fast is required for lab test.**

Results may be picked-up & discussed with a health care provider on Saturday, May 5th at the Clarinda Community Health and Wellness Fair.